

Helping you make the right decision if your child is unwell

Would you have kept your child at home before COVID?

Yes

No

Keep your child off school

Keep your child off school and at home.

Speak to 119 or go to www.gov.uk/coronavirus and arrange for a self-test to be done.

Your child and your household must self-isolate until you have the results of this test.

Yes

Do they have one or more of:

1) A high temperature

[Find out more](#)

2) A new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours

[Find out more](#)

3) A loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

[Find out more](#)

No

Does your child have an underlying chronic medical condition?

Yes

Contact their specialist team and let us know

No

Children who are otherwise well with:

- Runny nose
- Sore throats without a fever
- Mild colds

Can go to school as normal!



Contact us:

General absence

parents@ditchampark.com - 01730 825659

Covid-19 related absences, including self-isolation

headspa@ditchampark.com and
denise.allen@ditchampark.com



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