

Where every child is known and valued

# **PSHE Policy**

Approved by:	SLT
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## 1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

PSHE is an essential element in the spiritual, moral, cultural and personal development of our pupils. Through our curriculum, our school environment, our school ethos and the strength of our relationships with our pupils, we strive to promote pupils' self-esteem, emotional well-being and resilience, their physical wellbeing, helping them to form worthwhile and satisfying relationships based on respect for themselves, for others, for their home, their community and for our environment.

Pupil voice lies at the heart of our school and the curriculum and opportunities we offer our pupils mean that pupils grow into independent, active and responsible members of our school community playing an active part in decision making.

In order to flourish, thrive and develop into happy adults who contribute effectively to society, pupils at Ditcham Park develop their personalities and behaviour through the specific focus on important values that enable them to reflect, learn, behave with integrity and work consistently well with others. With these skills, combined with the development of responsibility and resilience, pupils are then able to draw upon their understanding in order to engage and excel in the ever-changing world in which they live both now and in the future.

# 2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

#### Primary School here at DPS:

- We must teach relationships education under the <u>Children and Social Work Act 2017</u>, in line with the terms set out in <u>statutory guidance</u>
- We must teach health education under the same statutory guidance

#### Secondary here at DPS

- We must teach relationships and sex education (RSE) under the <u>Children and Social Work Act 2017</u>, in line with the terms set out in <u>statutory guidance</u>
- We must teach health education under the same statutory guidance
- A copy of the SRE POLICY can be found under the last section 'Links with other Policies' as a Hyper link to the current documents.

# 3. Content and delivery

#### 3.1 What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance. Please see the' Linked policy section' at the end of this document

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. For the PSHE curriculum, including health education see the PSHE medium term plans for each year group.

#### 3.2 How we teach it

As well as dedicated PSHE lessons, at Ditcham Park, the emphasis placed on both PSHE and RSE blends seamlessly into everyday school life in order to maximise the impact of acquiring essential knowledge.

A range of teaching and learning styles to deliver the curriculum in an effective way. The main responsibility of teaching and learning of PSHE is by the Class Teacher in the Junior school and a dedicated year group team within the Senior school

Year Group	Delivered by	Length of lesson
Reception	Class Teacher	1 hr
Pre-Prep (Year 1)	Class Teacher	1 hr
Prep (Year 2)	Class Teacher	1 hr
Transition (Year 3)	Class Teacher	1 hr
Lowers (Year 4)	Class Teacher	1 hr
Middles (Year 5)	Class Teacher	1 hr
Uppers (Year 6)	Class Teacher	1 hr
Form 1 (Year 7	Dedicated PSHE team 3xteaching staff	1 hr
Form 2 (Year 8)	Dedicated PSHE team 3xteaching staff	1 hr
Form 3 (Year 9)	Dedicated PSHE team 3xteaching staff	45 mins
Form 4 (Year 10)	Dedicated PSHE team 3xteaching staff	45 mins
Form 5 (Year 11)	Dedicated PSHE team 3xteaching staff	45 mins

#### Allocation of staffing and delivery across the school:

- PSHE curriculum is also delivered as part of our wider school offer, such as in assemblies, whole-school events or tutor time.
- There is also an overlap between the program of study for Religious Education and PSHE, taking into account the Social, Moral and Cultural and Personal development of the pupils.
- All lessons are differentiated so that all pupils, regardless of ability or special educational needs and or disabilities have access to the full curriculum.
- We encourage pupils to respect all opinions by listening to one another and teachers encourage pupils to express ideas in an impartial manner and with mutual respect. We promote Fundamental British Values as part of our school culture.
- The themes and topics with in PSHE can be found and extended into all subjects.
- Other areas of teaching PSHE are delivered in assemblies and with the invitation of outside speakers, with special emphasis on relationships and sex education (RSE), cyber bullying, alcohol, drug, sustainable living, climate change, relationships and gender related issues.
- Pupils are also encouraged to take part in a range of tasks that promote active citizenship for example fundraising for a huge variety of charities, the planning of special school events such Drama, Music, Arts Evenings as well as Duke of Edinburgh activities.
- House activities also promote PSHE through a sense of community and social awareness.

- School trips adhere to the ethos and team building ideologies of PSHE.
- SRE is delivered in part by the School of Education for Years 7-10. CCFE Tutors deliver to Year 10 and 11
- In the Junior school, The Kapow PSHE programme of study is followed. In the Senior school, the Cre8tive PSHE programme is followed.
- Progress in PSHE is assessed on a regular basis through a variety of methods, including pupil surveys, class discussions, written tasks and observations from staff about attitudes and behaviours.
- Parents receive feedback on progress and engagement in PSHE through the termly reports in the Junior school and at the termly parents' consultation events. In the Seniors; parents received effort and progress grades each half term, which includes PSHE.

## 4. Roles and responsibilities

#### 4.1 The Governing Board

The Governing Board has delegated responsibility of this policy to the Headmaster and the Senior Leadership Team.

#### 4.2 The Headmaster

The Headmaster is responsible for ensuring that PSHE is taught consistently across the school.

#### 4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

#### 4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

### 5. Monitoring arrangements

In the Junior school, the delivery of PSHE is monitored by the Head of Juniors. In the Senior school, the delivery of PSHE is monitored by the Head of PSHE.

## 6. Links with other policies

This policy links to the following policies and procedures:

RSE.doc